





COOKHOUSE*PUB

Whitbread PUBs

Allergy Information Guide Information:

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; we cannot say that any dish on our menus is "free-from" any allergen, but only that it does not contain that allergen as an ingredient. Our allergen information sheet does not include any "may contains" information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before as ingredients may be substituted or changed at short notice.

Our allergen information covers the following major allergens: Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut), Pecan, Pistachio, Walnut) and products thereof.

Items that are added as a choice, upgrade or addition must be checked and the allergen information considered in addition to the main meal.

Our vegan dishes are made to a vegan recipe but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Please speak to your server if you any dietary requirements.

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

KEY FOR WHITBREAD PUBS ALLERGY INFORMATION GUIDE

Yes The allergen is present

Yes Suitable for ovo-lacto vegetarians/ vegans

No Not suitable for ovo-lacto vegetarians/ vegans

COOKHOUSE*PUB







												_						
	Cerea	ls Conta	aining GI	uten						A	Allergens	s Presen	t					
Product Description	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
			PUB E	BRANDS	SPRING	SUMME	R MAY 2	024 MEN	U									
						CKTAILS												
PASSION FRUIT MARTINI											Υ							
RUM PUNCH											Υ							
APEROL SPRITZ											Υ							
TEQULIA SUNRISE											Υ							
PINA COLADA											Υ							
SEX ON THE BEACH																		
					PERFEC	T PARTI	NERS											
TARQUIN'S BLOOD ORANGE																		
CLASSIC LONDON DRY & TONIC																		
TARQUIN'S RHUBARB & RASPBERRY																		
BOMBAY CITRON PRESSE																		
GORDON'S PREMIUM PINK																		
						SHOTS												
TEQUILA ROSE					•		Υ											
EL JIMADOR BLANCO TEQUILA																		
EL JIMADOR REPOSADO TEQUILA																		
ANTICA CLASSIC SAMBUCA																		
ANTICA BLACK SAMBUCA																		
ANTICA RASPBERRY SAMBUCA																		
JAGERBOMB																		
SKITTLE BOMB																		
BERRY BOMB																		
						PIRITS												
					5	GIN												
WHITLEY NEILL DISTILLERS CUT GIN																		
WHIT NEILL RHUBARB & GINGER																		
WHITLEY NEILL RASPBERRY																		
HENDRICKS																		
TANQUERAY SEVILLA ORANGE																		
					\	ODKA												
ABSOLUT ORIGINAL																		
ABSOLUT RASPBERRI																		
ABSOLUT VANILIA																		
SMIRNOFF RED																		

	Cerea	ls Cont	aining G	iluten						A	llergens	s Presen	nt					
Product Description	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
						RUM	1		II	II		II		II				1
CAPTAIN MORGAN SPICED RUM																		
CAPTAIN MORGAN DARK RUM																		
CAPTAIN MORGAN WHITE																		
CAPTAIN MORGAN TIKI																		
MALIBU BTL																		
BACARDI SUPERIOR											Υ							
					WHISK	Y/WHISH	KEY											
TALISKER																		
GLENFIDDICH MALT 12 YO																		
JACK DANIELS NO.7																		
JOHNNIE WALKER RED LABEL																		
JAMESON IRISH WHISKEY																		
BELLS																		

MIXERS - SEE ALLERGENS ON BOTTLES

	BEER																
CARLING	Υ		Υ			JLLIK											
TENNENTS LAGER DGT (SCOTLAND ONLY)	Υ		Υ														
BELHAVEN BEST (SCOTLAND ONLY)			Υ														
COORS LIGHT DRAUGHT	Υ		Υ														
STELLA ARTOIS			Υ														
MADRI EXCEPCIONAL	Υ		Υ														
MORETTI			Υ														
GUINNESS			Υ														
STRONGBOW DGT NEW											Υ						
BEER NI																	
HARP NI																	
CARLSBERG NI																	
ROCKSHORE CIDER (PINT)																	
SMETHWICKS NI																	
HOP HOUSE 13 (PINT)																	
GUINNESS NI																	
					С	HASER											
BELLS																	
JAMESON IRISH WHISKEY																	
JACK DANIELS NO.7																	

PACKAGED BEER & CIDER - SEE ALLERGENS ON BOTTLES

	Cerea	Is Cont	aining G	Sluten						Å	Allergens	s Preser	nt					
Product Description	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)

LOW & NO BEER & CIDER - SEE ALLERGENS ON BOTTLE

												- 5						
	Cerea	ls Cont	aining G	luten						-	Allergens	Presen	IT					
Product Description	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
					HOU	SE SODA	AS											
LEMON SHERBET																		
GRAPEFRUIT SHERBET																		
CHERRY & VANILLA											Υ							
MINT & LIME											Υ							
RASPBERRY & ORANGE BLOSSOM																		
WATERMELON																		
					LC	W & NO												
TOTALLY TROPICAL																		
CHERRY LOLA											Υ							
CITRUS SODA																		
					DDAII	GHT SOF	TC											
DIET COKE					DRAU	GHT SUI	-13											
COCA COLA ZERO SUGAR																		
SCHWEPPES DIET LEMONADE																		
FANTA ORANGE ZERO																		
SPRITE ZERO																		
FLAVOURED SHOTS CHERRY																		
FLAVOURED SHOTS LIME																		
FLAVOURED SHOTS VANILLA																		
COCA COLA CLASSIC																		
							-				-							
			PACKAGE	ED SOFT	DRINKS	- SEE BO	OTTLE FO	R ALLER	RGENS									
					WH	ITE WINE								T.				
THE NED, SAUVIGNON BLANC											Υ							
JACK RABBIT PINOT GRIGIO											Y							
JAM SHED CHARDONNAY						Υ	Υ	Υ			Y							
VINO POMONA CATARRATTO PINOT GRIGIO											Y							
ANDREW PEACE SILHOUETTE CHARDONNAY											Y							
VISTAMAR MATINAL SAUVIGNON											Y							
DIAMOND BAY, CHENIN BLANC								Υ			Y							
CAMPO VIEJO, RIOJA					-	D MINE					Υ							
ELACSTONIE DOETRY MEDI OT					RE	D WINE					V							
FLAGSTONE POETRY MERLOT JAM SHED SHIRAZ						Υ	Υ				Y							
FINCA DEL ALTA MALBEC											Y							
ANDREW PEACE SILHOUETTE SHIRAZ											Y							
ANDICEN FEACE SILINGUETTE SHIKAZ																		

	Cerea	als Cont	aining (Gluten	Allergens Present														
Product Description	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)	
VISTAMAR MATINAL MERLOT											Υ								

	Ceres	als Cont	aining G	luten						A	Allergens	s Presen	it					
Product Description	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
					RO	SE WINE												
THE NED, ROSÉ						OL WINE					Υ							
MUD HOUSE, SAUVIGNON ROSÉ											Y							
VINO POMONA ROSATO											Y							
JACK RABBIT WHITE ZINFANDEL											Y							
ONON TO SOME THE PROPERTY OF T					SPA	ARKLING												
JACK RABBIT, PROSECCO											Υ							
JAM SHED, SPARKLING ROSÉ						Υ	Υ				Υ							
VINA POMONA PROSECCO											Y							
ROSÉ PROSECCO											Υ							
PROSECCO FOR ONE											Υ							
					НОТ	r DRINKS												
LATTE	1				HU	DKINKS) 											
CAPPUCCINO							Y											
FLAT WHITE							Y											
AMERICANO BLACK							I											
AMERICANO BLACK AMERICANO WHITE							V											
ESPRESSO							'											
HOT CHOCOLATE							V											
HOT CHOCOLATE WITH CREAM																		
SWEETBIRD VANILLA SUGAR FREE SYRUP							ı											
SWEETBIRD HAZELNUT SUGAR FREE SYRUP																		
SWEETBIRD SALTED CARAMEL SUGAR FREE SYRUP																		
TEAS																		
PG PLAIN BLACK																		
PG TIPS PEPPERMINT HERBAL																		
PG TIPS RASBERRY HERBAL																		
PG TIPS GREEN TEA																		
MINT CHOC CHIP HOT CHOCOLATE							Y											
CHERRY ICED LATTE							Y				Υ							
SALTED CARAMEL ICED LATTE							Y											
CLASSIC ICED LATTE							Y											
IRISH COFFEE							Y											
BAILEYS LATTE							Y											
	1	l								1								1